

# *Dads are you ready?*

Let's see how ready you are for Daddyhood:

1. Do you have all you need to take to hospital for when your wife goes into labour?

Yes " No " I Will! "

2. Can you survive on 2 or 3 hours of sleep?

Yes " No " I Will! "

3. Are you planning on taking time off after baby arrives?

Yes " No " I Will! "

4. Do you know what a "show" is?

Yes " No " I Will! "

5. Have you ever changed a nappy?

Yes " No " I Will! "

6. Have you thought about changing nappies in the middle of the night?

Yes " No " I Will! "

7. Can you handle loud screaming cries?

Yes " No " I Will! "

8. Do you like regurgitated milk on your clothes?

Yes " No " I Will! "

9. Would you like to make funny faces and noises to entertain your baby?

Yes " No " I Will! "

10. Have you started planning/dreaming about how you will spend quality time with your baby?

Yes " No " I Will! "

11. Are you ready for all your baby's visitors?

Yes " No " I Will! "

12. Can you wait about five months to one year to hear "Daa daa"

Yes " No " I Will! "