

Baby Development

How your baby grows in the womb

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Congratulations you're Pregnant!

Psalm 22:9-10 'Yet you brought me safely from my mother's womb and led me to trust you at my mother's breast.
¹⁰ I was thrust into your arms at my birth. You have been my God from the moment I was born.

These slides illustrate the development of a foetus from Week 6 until birth as viewed through ultrasound.

Please note that each pregnancy is different and might vary slightly from this timeline.



Images courtesy GE Healthcare



Week 6

Psalm 37:5

Commit everything you do to the Lord. Trust him, and he will help you.

Your baby is about the size of a lentil. Their heart is beating around 150 times each minute and their brain is growing rapidly.

As your baby is growing in the womb decide to commit this pregnancy and their life to the Lord.

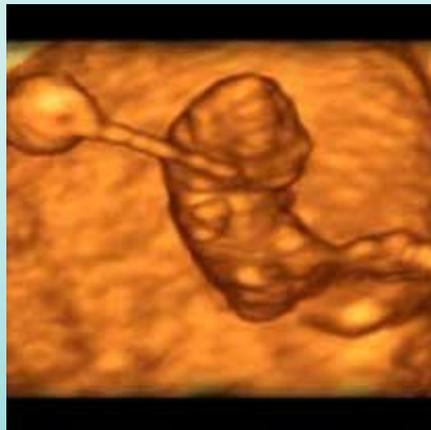


Week 7

Romans 12:2

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind.

Your baby now has facial features and is starting to make small movements inside you. Saturate yourself in God's word. Give your thought life to God throughout your pregnancy.

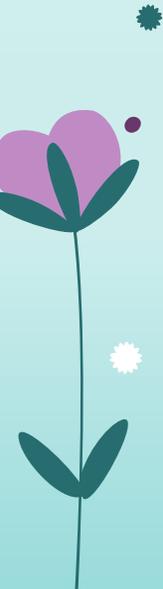
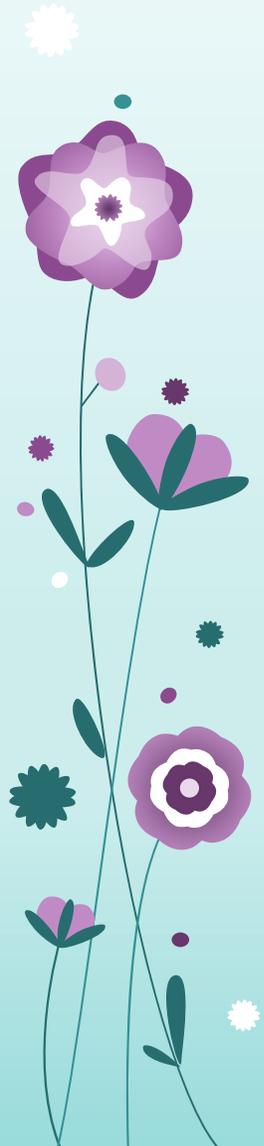


Week 8

Hebrews 11:1

Faith shows the reality of what we hope for; it is the evidence of things we cannot see.

During this week your baby's heartbeat becomes stronger and their facial features more refined. God can see every aspect of your child. Our faith in our Creator makes us certain of what we are hoping for.





Week 9

Psalms 139:13

You made all the delicate, inner parts of my body and knit me together in my mother's womb.

In this week key organs are developing inside your baby and their tiny fingers are growing longer. They still weigh less than 10g (that's about two sheets of paper) but they are easily recognizable.

Your child is covered spiritually by your prayers and by Gods love. Why not place your hand on your stomach right now and pray for them?



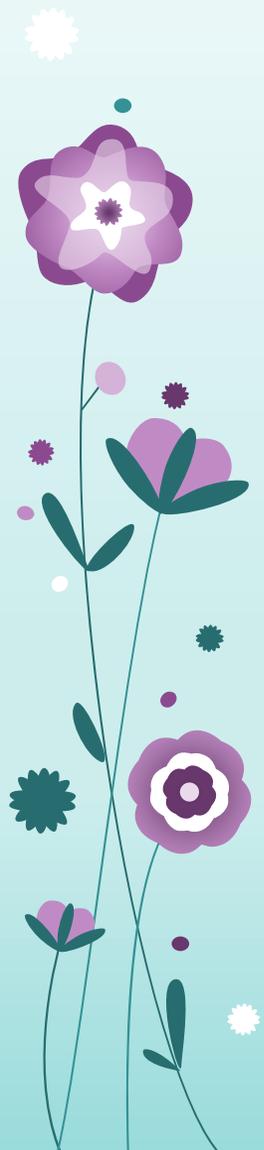
Week 10

Exodus 15:2

The Lord is my strength and my song. He had become my salvation.

During week 10 your baby's fingers and toes start to separate into different digits. Though your tummy may be starting to show a bump, your baby is still only around 3½ cm long! Such a lot has happened in your body over the last week. Your baby is now swallowing, kicking and even weeing. All their major organs are fully developed.

Your child is fearfully, lovingly, and wonderfully made. After a possible two months of morning sickness remember, the Lord is your strength, not long until this subsides, believe God for it to come to a speedy end.





Week 11

Psalm 150:6

Let everything that breathes sing praises to the LORD! Praise the LORD!

Your baby is now the size of your thumb. Though they are only small, most of their organs are complete and even their teeth have formed now. They are starting to breathe amniotic fluid and are moving more.

God reigns supreme over the world. Have you stopped to think what God's purpose for your child is? Why is God bringing them to earth at this time in the world? Praise God for his master plan at work in this world.



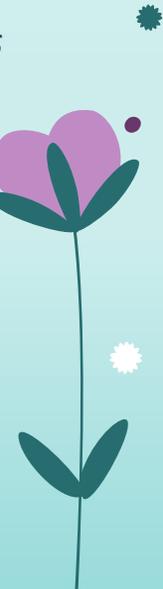
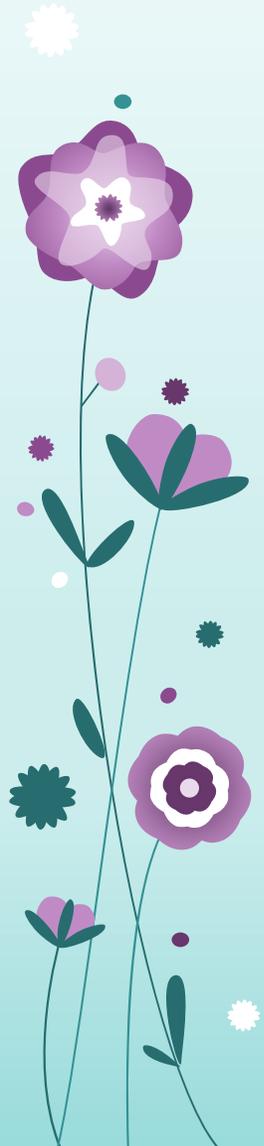
Week 12

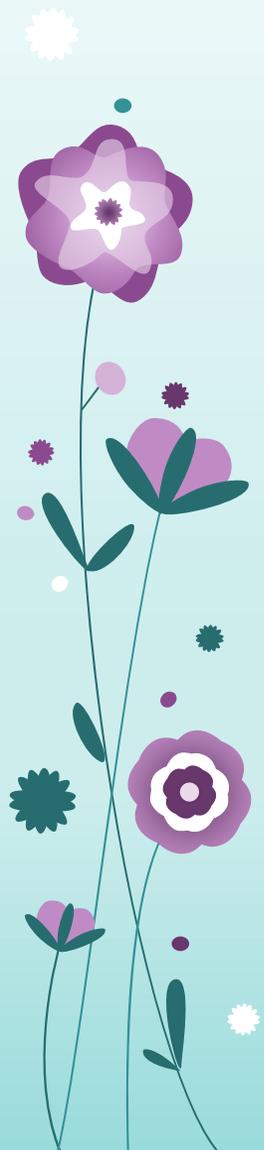
Jeremiah 29:11

For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope.

As your baby's muscles grow they are starting to move more and their reflexes are developing.

The miracle of God's creation continues to grow inside of you. God wants you to feel peace through your pregnancy. Whatever is going on around you, keep God's peace within you. If you are not feeling peaceful at the moment set aside some time just resting in His presence. Listen to some worship or use the Jesus, Your Baby and You soaking CD as you ask for God's peace to fill your heart and your home.





Week 13

Psalm 91:11

For He will tell His angels to care for you and keep you in all your ways.

This week your baby's eyes are now developing and their arms and body are lengthening. Your baby is now fully formed and they even have unique fingerprints now.

God has made your child unique from anybody else's, they are special, significant and give to you. Praise God and thank Him for the wonderful joy that is ahead.



Week 14

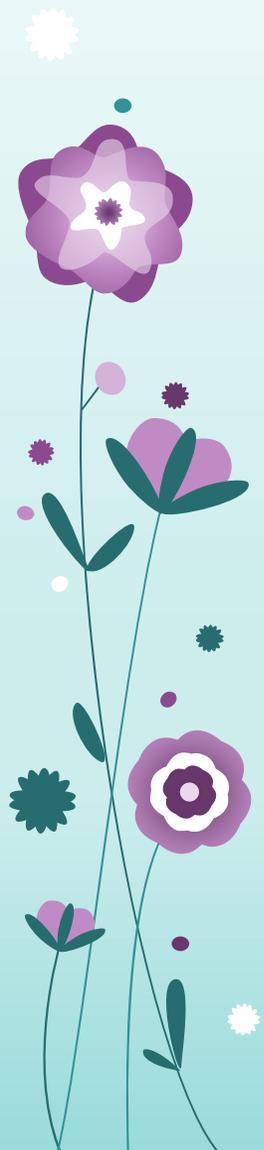
Proverbs 22:1

Choose a good reputation over great riches; being held in high esteem is better than silver or gold.

You are now in the second trimester of pregnancy. For many this is a good time of pregnancy with better sleep, less sickness and more energy.

If you have not yet thought of a prophetic name to call your child while they are in the womb, why not ask God to show you the name now. Give them a name that you, your friends and relatives can speak over their lives and their future.





Week 15

Luke 12:7

And the very hairs on your head are all numbered. So don't be afraid; you are more valuable to God than a whole flock of sparrows.

Although your baby would fit in the palm of your hand they can now make facial expressions. They have hair called lanugo hair, all over their body to keep them warm.

Daddy God has thought of everything. Your baby is still so small that they are small enough to be held in in your hand. God has amazing plans in store for your child and as you picture your child in the palm of your hand just imagine God also doing so.



Week 16

Ecclesiastes 11:5

As you do not know what is the way of the wind, or how the bones grow in the womb of her who is with child, so you do not know the works of God who makes everything.

As their bones continue to strengthen, your baby is starting to explore more. If you could look inside you may even see them playing with their umbilical cord. If you are going to have a girl their eggs are all forming now – that's your future grandchildren in the making!

It's an exciting time when we try imagine as a parent what are little baby will look like when come out into this world. They will reflect three people: you, your partner and God.





Week 17

Philippians 1:6

Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ

As your baby has continued growing in your womb, their arms and legs are now in proportion to their head. They are also busy storing fat in preparation for their birth.

Do not let any fears grow in your mind as your baby's develops. When your baby's eyes were first formed they were on the side of the head. Over time they move so that they are now looking forward. Make sure you are also looking forward and trusting God completely.



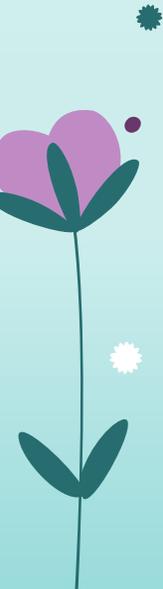
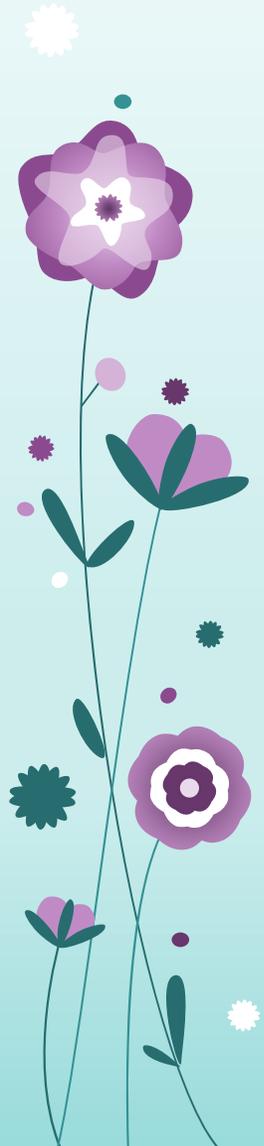
Week 18

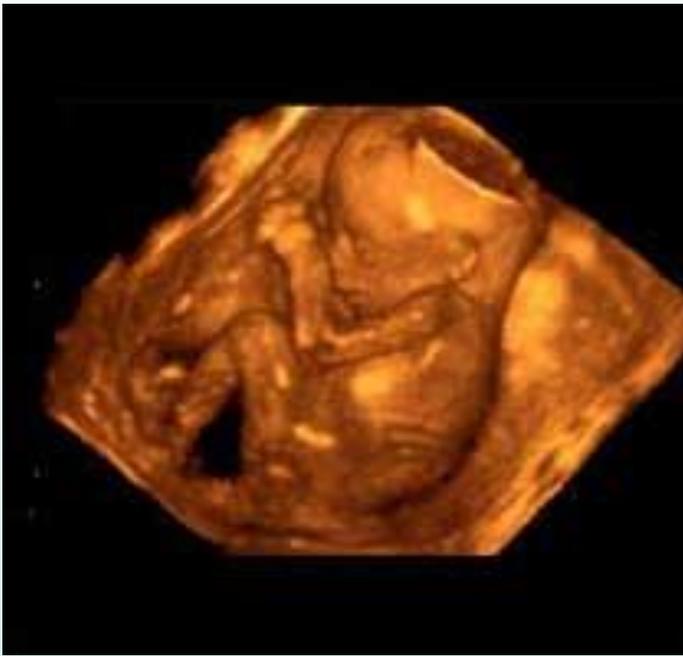
Psalms 112:2-3

Their children will be successful everywhere; an entire generation of godly people will be blessed. They themselves will be wealthy, and their good deeds will last forever.

Now your baby's ears have developed they can hear what is going on around them. You may be feeling their movements inside you. You may also be finding that you are changing on the outside. Perhaps this is the week to treat yourself to a new pair of comfortable shoes!

Your baby's senses are developing beautifully at this time. Nerve cells which will help your baby understand and react to the world are growing in particular areas of their brain





Week 19

Psalm 43:4

I sought the Lord and He answered me; He delivered me from all my fears.

With every week that passes your baby is now growing bigger and stronger as God nurtures.

What are your dreams and aspirations for your child? Allow them to grow inside you as you give them to the Lord. For many this can be a battlefield as fears try to take root. Don't let them. Instead feed your mind with God's plans and seek God. Spend time in worship and in prayer. Seek God's face and He will deliver you from your fears.



Week 20

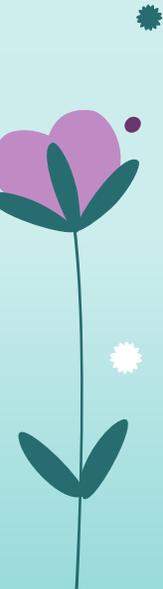
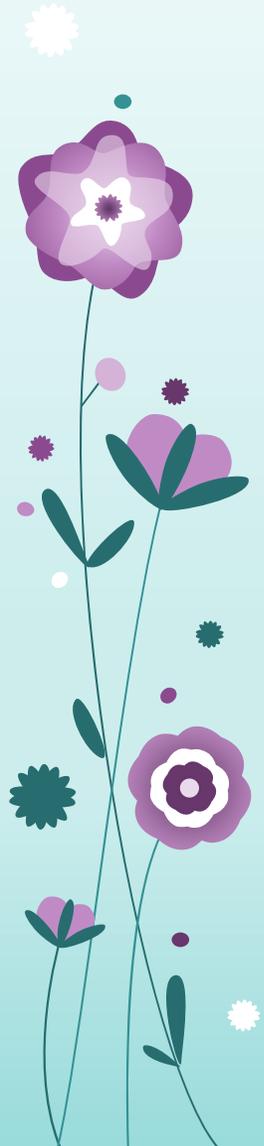
Isaiah 44:3

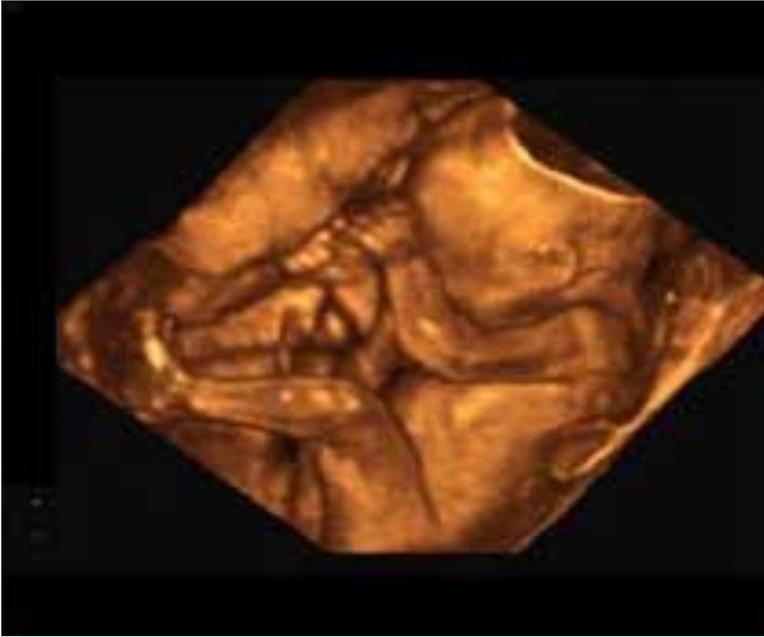
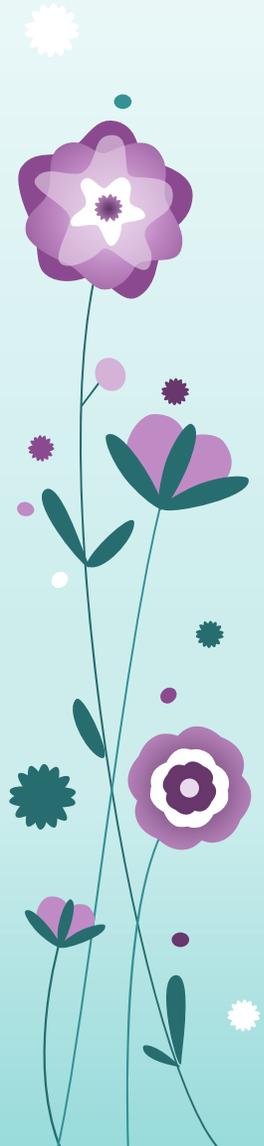
For I will pour out water to quench your thirst and to irrigate your parched fields.

And I will pour out my Spirit on your descendants and my blessing on your children.

You are halfway through the pregnancy and your baby is around 26cm long. Their hair nails and eyebrows are all growing.

God loves you and He wants the best for you. He will send His Holy Spirit to fill your heart so to quench your thirsty soul whenever you need, giving you all that you need





Week 21

1 Peter 1:6

Be truly Glad. There is wonderful joy ahead!

Your baby can now swallow the amniotic fluid and get nutrients from it. In the miracle of creation God is already preparing them for their first feed in a few months' time.

When we are following God's plans for our lives we can be truly glad because we know that wonderful joy lies ahead. God has a great future in store for you and your family.

Week 22

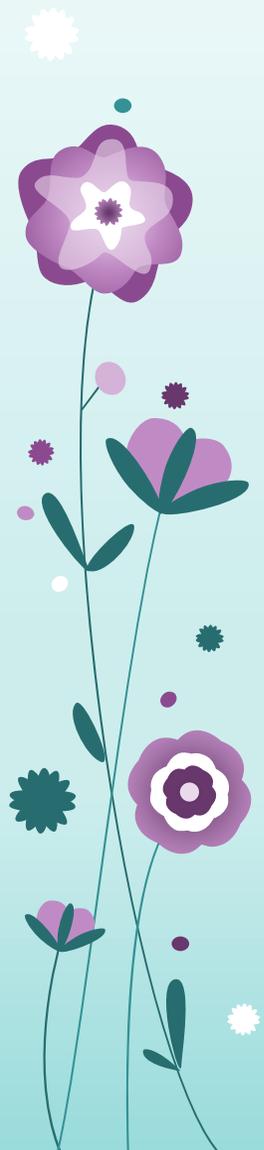
Proverbs 20:7

The godly walk with integrity; blessed are their children who follow them

Your baby now looks like a tiny new born baby. Their lips are shaping and their eyes have developed. Their sense of touch is developing and their skin is no longer transparent.

Be aware now as you are carrying your child of what you are feeding your soul with. Soak in God's presence, knowing that your child can pick up on the atmosphere around them.





Week 23

Psalm 127:4

Like arrows in the hand of a warrior, So are the children of one's youth.

As your baby's lungs and brain develop their senses are also developing. They can now hear sounds from the world clearly.

You are a parent and as a parent you probably have a growing desire to protect your child. When we pray for our unborn child we become an intercessory warrior for them, believing for God's best for their lives.



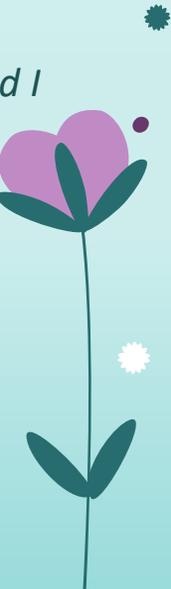
Week 24

Psalm 23:6

Surely goodness and mercy shall follow me All the days of my life; and I will dwell in the house of the Lord Forever.

Your baby is busy and active in the womb. They now have a sense balance and as you rub your belly it can be very soothing for them.

Our expectation is that God has good plans for us. The best part of God's plans for us is that we get to be with God forever.





Week 25

Isaiah 40:31

But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.

Your baby is now responding to stimulus from the world around them. Their first poo is forming in their gut and they are now just a bit longer than a 30cm ruler!

God's promises are just that a promise. He has His angels watching over you and your baby, who may respond to touch and light even now.

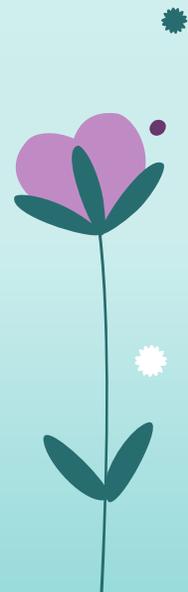
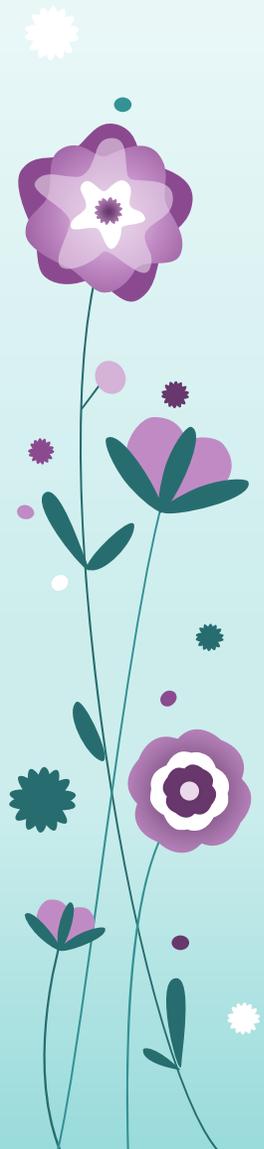


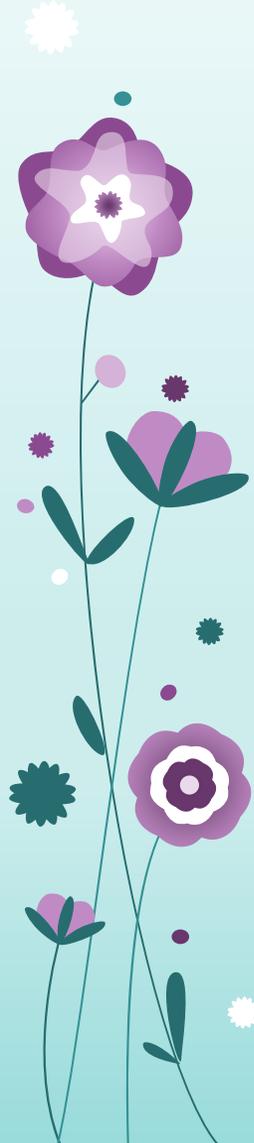
Week 26

Zephaniah 3:17

The Lord your God is with you, a Powerful One Who wins the battle. He will have much joy over you. With His love He will give you new life. He will have joy over you with loud singing.

In this month your baby's sleep/wake pattern is developing. You are probably feeling their kicks more now. Baby is getting ready to arrive. Now is a great time to think about your birth plan if you have not already done so.





Week 27

Jeremiah 31:3

The Lord came to us from far away, saying, "I have loved you with a love that lasts forever. So I have helped you come to Me with loving-kindness.

You may not be feeling great. Cramps, varicose veins and haemorrhoids can all appear at this time for some women.

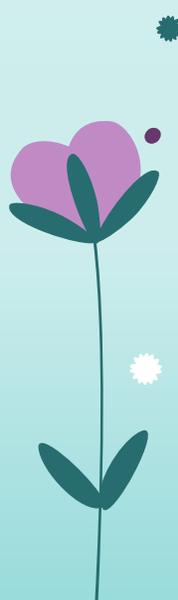
God loves you with a love that has been there from the beginning of time also with a love that is never ending and it will always be there, even when we make mistakes He continues to love us.

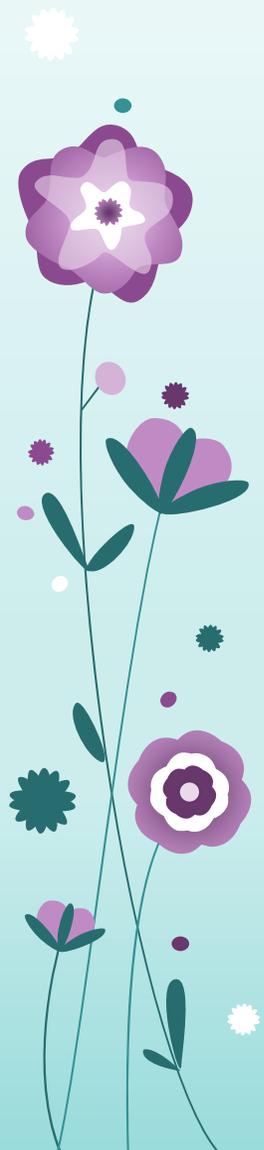
Week 28

Philippians 1:6

And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.

The third trimester has officially begun! It may feel like you have been pregnant forever and as you look ahead you may feel unprepared, but know that God has been preparing your baby and your body for this time. Your baby's eyes will be opening ready to see the world around them.





Week 29

Psalm 71:6

Yes, you have been with me from birth; from my mother's womb you have cared for me. No wonder I am always praising you!

You will probably be feeling your babies own little praise parties going on inside of you. They may even be waking you at night with a little kick here and there.

Place your hand on your tummy in the busyness of your day and keep reminding your child how much you love them. This will help with the bonding between the both of you and as the child in Psalms knew God cared for him even within the womb so will your child know yours and Gods love also.

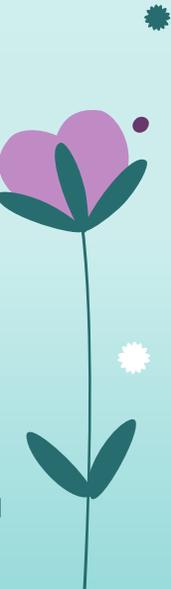
Week 30

Jeremiah 1:5

"I knew you before I formed you in your mother's womb. Before you were born I set you apart and appointed you as my prophet to the nations."

Your baby is now fully formed and building strength. Each week they will be gaining half a pound (about 225 grams).

God knows you so intimately that He knew You even before you were born, He knew every struggle, joy, and victory you would have in your life and all this has fashioned you into the person God has ordained you to be. With this in mind, He is fully aware of the destiny of your child.





Week 31

Hebrews 10:25

And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.

Your baby is now too big to stretch out fully in the womb and you may be feeling more breathless as they push up against your lungs until they drop into the pelvis in a few weeks' time.

You may also be starting to feel tired and possibly even fed up. Lean more into God at this time. Even if you are feeling tired don't give up meeting with other believers.



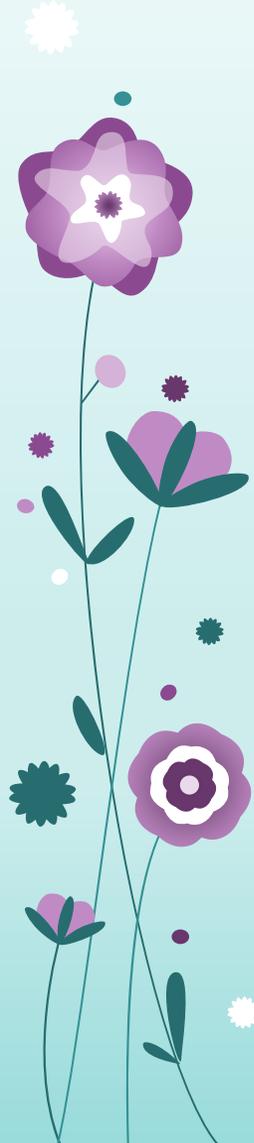
Week 32

Ephesians 5:18-21

Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts. And give thanks for everything to God the Father in the name of our Lord Jesus Christ. And further, submit to one another out of reverence for Christ.

Your baby is ready. They are fully developed and now just need more time to mature their lungs, to grow and build up reserves.

If you are finding your sleep difficult use that time to worship the Lord.





Week 33

Galatians 1:15

But even before I was born, God chose me and called me by his marvellous grace. Then it pleased him to reveal his Son to me so that I would proclaim the Good News about Jesus to the Gentiles.

As your baby responds to you, know that they can also be responding to God in your womb. Eat healthily, exercise regularly and maintain your focus spiritually.



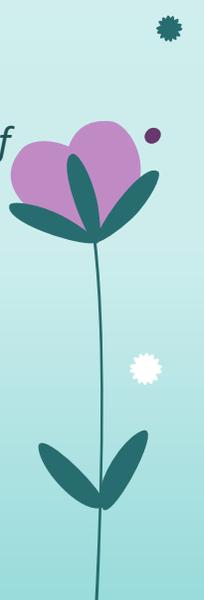
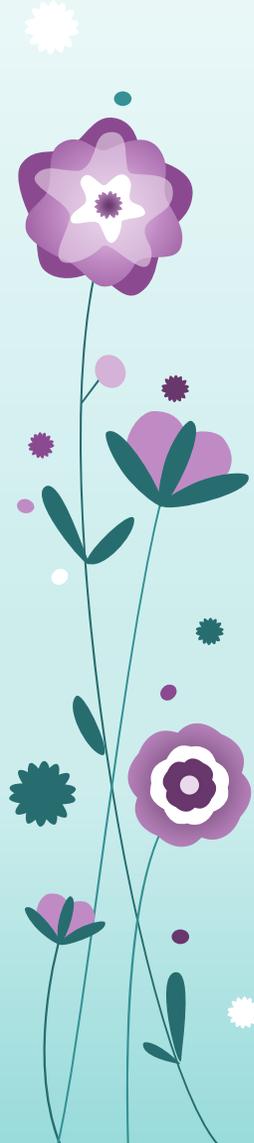
Week 34

James 1:17

Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning.

During this week the vernix caseosa (a cream surrounding the baby) thickens to protect them during the birth.

If you are battling indigestion, sleeplessness or more serious ailments, submit all of these to the Lord.





Week 35

Ephesians 3:16

I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit.

Your hair is stronger and your feet seem further away. The end of the pregnancy is in sight.

May God give you at this time His inner strength to continue delighting in Him. God is the God of all flesh. Your baby now has fully grown fingernails and toenails. This birth ahead of you is Your story with Your child. Don't let others pollute what will be a great birth story for You!



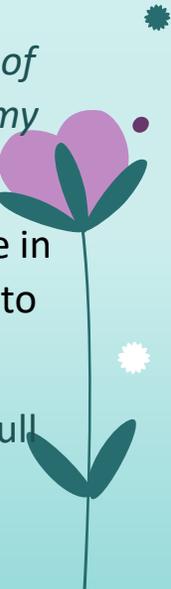
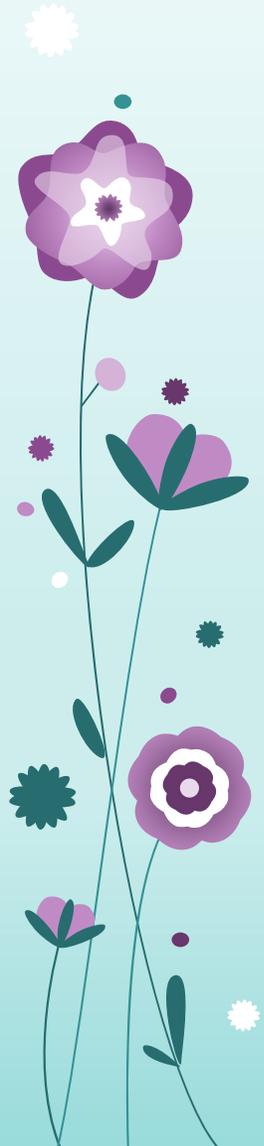
Week 36

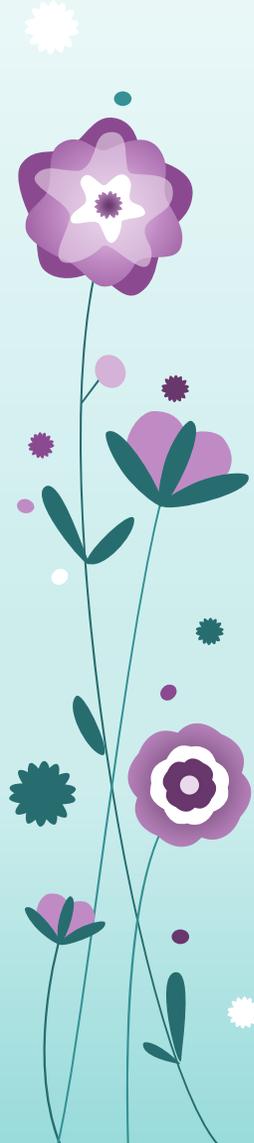
Psalms 91:1

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, 'He is my refuge and my fortress, my God in whom I trust.'

As your baby continues to put on weight, their head will soon engage in the birth canal. When the baby drops down you should find it easier to breathe.

Congratulations! By the end of this week, your pregnancy will be at full term. This means your baby can be born any day.





Week 37

Isaiah 41:10

Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand.

Your antibodies are being passed down the umbilical cord to help protect your baby from infections in the world outside the womb. It's a good time to pack your bag, check your birth plan and be patient.

Pray with your partner as you come to time of birth, support one another in prayer and declarations of what you would like your birth experience to be like.

Week 38

Proverbs 3:5-6

Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.

It's official! You are now full term. Whether you feel like an athlete coming to the end of a marathon or a beached whale, either way you are nearly there.

Your labour will soon take place and God will be with you in the birthing room. Don't panic. Don't worry about other people's stories of labour. Get ready to create your own story with Father God.





Week 39

Isaiah 54:13

All your children shall be taught by the Lord, and great shall be the peace of your children.

Your baby has probably reached their birth rate. You don't need to be anxious about the birth because God is with you.

The big day is almost here and it won't be long before you're able to cuddle your baby. As you have followed the prayers and declarations of this book you have already made the step of leading your child to know the things of the Lord. They know His Presence.



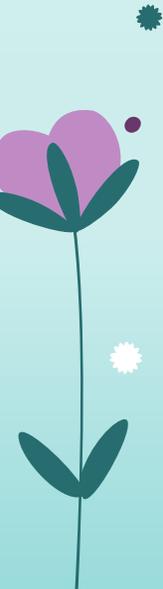
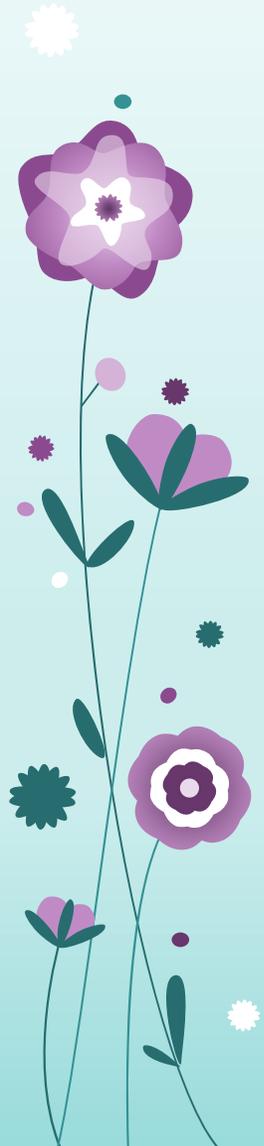
Week 40

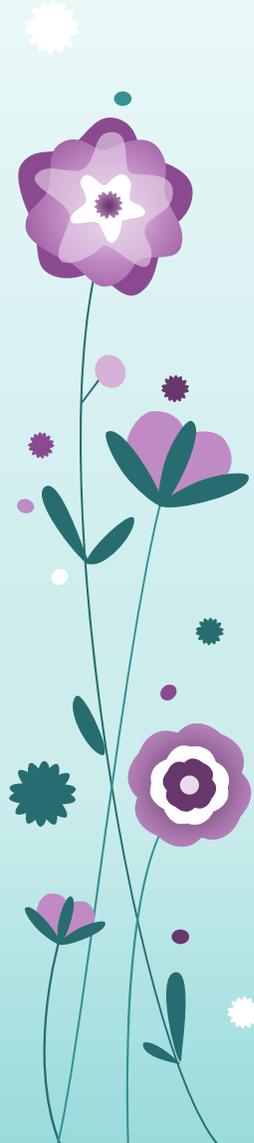
Psalms 22:9 – 10

Yet you brought me safely from my mother's womb and led me to trust you at my mother's breast. I was thrust into your arms at my birth. You have been my God from the moment I was born.

So you are either holding your baby in your hands and working out breast feeding, nappy changing and sleep rhythms as your hormones readjust to a non-pregnant normal. Or you are still holding on waiting for labour and day now.

Your baby may be in your arms now or maybe they are comfortable and they just want a little bit longer in your womb.



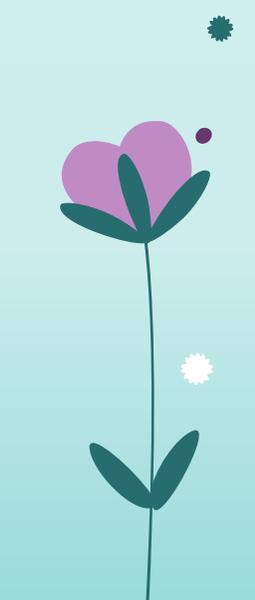


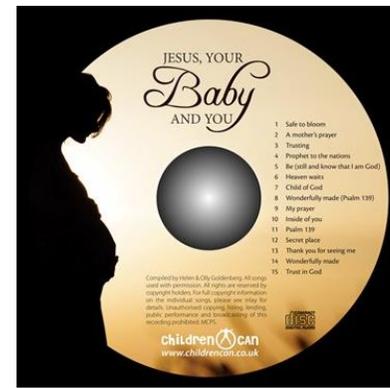
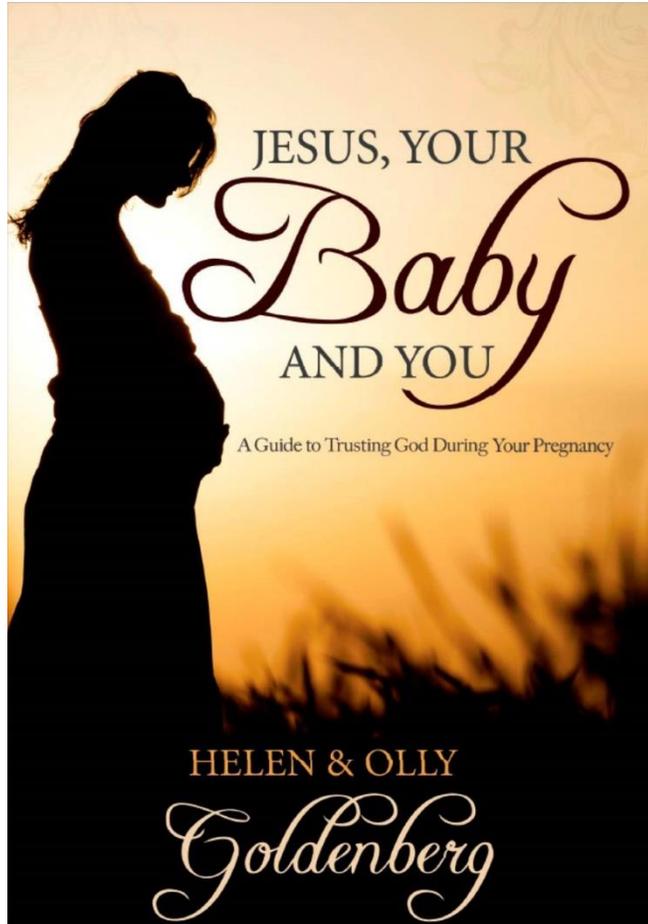
Week 40+

1 Thessalonians 5:16-18

Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.

So your baby has decided to stay in a bit longer than everybody thought they would. God is not surprised by this and though you may be feeling a bit fed up or just eager for it to all begin, don't stop giving thanks to God and being joyful. Know that your baby will be born at God's appointed time.





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